

***BODHI THOMPSON GARDNER**

Cowichan Valley, BC V9L 6J1

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www.bodhithompsongardner.com

DEMONSTRATED STRENGTHS

- 32 years of successfully counselling a diverse range of individuals with varying ages and challenges
- An ambassador and ally for 'at promise' youth/adults, passionate about their safety, growth and cultivating their potential
- Innate ability to engage individuals with respect, integrity, authenticity and sense of humour
- A natural leader, consciously building rapport with all team members and stakeholders to promote inclusiveness
- Proficient at designing, initiating and implementing ideas, programs and policies
- Creative problem solver with exceptional organizational and time management skills

SUMMARY OF QUALIFICATIONS

SUPERVISION & ADMINISTRATION

- Direct and provide clinical supervision for frontline Counsellors and Support Workers
- Supervise, mentor and evaluate University of Saskatchewan/University of Victoria Social Work student's practicum placements
- Supervise and provide assessment for clients, program participants unit activities, staff and staff functions
- Continuous supervision and evaluation of pre-employment programs and adapting to participants' needs
- Encourage staff through orientation, counselling and advising in regard to job duties and limitations
- Spearheaded case conferencing for families and inter-agency involvement
- Maintain accurate and timely documentation of daily activities on clients / students and staff
- Assist co-workers with the identification of their skills and abilities through listening and recognition
- Capable of understanding and executing organizational policy and goals
- Prepare and submit yearly funding proposals to the federal and provincial governments for continued program operation

- Promote various services, including counselling, employment and recreation to surrounding communities
- Provide consultation to public school personnel and school counsellors with reference to strategies and available resources
- Serve as a liaison with related community health agencies to support consistent program / treatment plans

COUNSELLING

- Exceptional ability in counselling individuals, groups and families as a result, clients make positive change in their lives specializing in addictions and mental health issues with 'at promise' youth and adults with an emphasis on personal development, life skills and identification of personal strength; creating intervention strategies to assist clients in determining goals and how to attain them.
- Skilled with creating positive counselling experiences, in particular, first-time engagement
- Meticulous observation skills to monitor progress
- Research and compile comprehensive, detailed individual treatment plans, as well as, programs to facilitate treatment on an individual need basis
- Consistent and appropriate referral &/or liaise with community agencies, treatment programs, criminal justice systems and Department of Social Services
- Encourage growth and development amongst youth/adults through recreational and educational activities and programs
- Responsible for providing direction with basic life skills and daily living, personal care to mentally/physically challenged adults

FACILITATION

- Developed, coordinated and facilitated a Family Violence group for Aboriginal men, women and children
- Facilitated youth workshops for the LGBTQ2+ community at the Two Spirits, One Heart, One Mind, One Nation conferences.
- Outstanding at inspiring group safety, spirit, and leadership
- Provide educational presentations to the University of Saskatchewan Psychology Education class/University of Victoria BC, various service groups, community members and agencies, focusing on awareness of addiction, prevention, mental illness issues and being an ally
- Develop, plan, schedule and present drug & alcohol prevention program at all school levels, K-12
- Design and facilitate life skills information and enhanced personal development programs to assist with independent living transitions, career and employment planning

EDUCATION / TRAINING / PROFESSIONAL DEVELOPMENT

MANAGEMENT

- ***Becoming a People Centered Leader*** – Saskatoon Health Region, Saskatoon, SK
- ***Four Generations – One Workplace*** – Saskatoon Health Region, Saskatoon, SK
- ***Two Worlds Meet-Aboriginal Awareness*** – Saskatoon Health Region, Saskatoon, SK
- ***Management Skills for Front Line Managers*** – University of Regina Extension Program, Regina, SK Level I – Supervision Level II – How to Work with People Level IV – Employment Section / Training
- ***Diploma of Technology in Recreation*** – Kelsey Institute of Applied Arts & Sciences, Saskatoon, SK
- ***Humour in the Workplace*** – Yorkton Mental Health Centre, Yorkton, SK

COUNSELLING

- ***Domestic Violence Prevention Training*** – Indigenous Perspectives Society – Victoria, BC
- ***Client Directed Outcome Informed (CDOI)*** – Saskatoon Health Region, Saskatoon, SK
- ***Substance Abuse Subtle Screening Inventory (SASSI)*** – Saskatoon Health Region, Saskatoon, SK
- ***Collaborative Victory vs. Defeat*** – Dr. Scott Miller, Mental Health & Addictions Services, Saskatoon, SK
- ***Applied Suicide Intervention Skills Training (ASIST)*** - Jodie McDonald, Crossroads Crisis Center, Courtenay, BC
- ***Crisis Intervention Training*** - Jodie McDonald, Crossroads Crisis Centre, Courtenay, BC
- ***The Heroic Client*** - Dr. Scott Miller, Victoria, BC
- ***Counselling Aboriginal Clients Session II*** – Allan Wade and Panel Members, Victoria, BC
- ***Aboriginal Cultural Training Session I*** – Monique Gray Smith, Little Drum Consulting, Victoria, BC
- ***Integrated Case Management Training Certificate*** – Salt Spring Island Community Services, Salt Spring Island, BC
- ***Trauma and Complicated Grief Workshop*** – Dr. Nancy Reeves, The Island Loss Clinic, Salt Spring Island, BC
- ***Critical Incidence Stress*** – Alcohol & Drug Regional Training, Victoria, BC
- ***Introduction to Positive Approaches to Challenging Behaviors; Developing a Personal Profile*** – Communication, Behaviour, Instruction Training, Salt Spring Island, BC
- ***Introduction to Clinical Practice*** – Alcohol & Drug Services; Ministry for Children & Families, Victoria, BC

ADDICTIONS

- ***Certified Addiction Counsellor II*** - Canadian Council of Professional Certification, Toronto, ON
- ***Family Strategies*** – Dr. Claudia Black, SK Assoc. of Chemical Dependency Workers Inc., Saskatoon, SK
- ***Alcohol / Drug Services Training*** - Dallas Society, Victoria, BC
Harm Reduction in a Treatment Context / Concurrent Disorders / Narrative Counseling
- ***Alcohol and Other Drug Abuse-Social Work 417*** - University of Regina, Regina, SK
- ***Introduction to Drug Education-Health Education 385***, University of Regina, Regina, SK
- ***Alcohol, Drugs and Seniors*** – Saskatchewan Health, Regina, SK

MENTAL HEALTH

- ***Personality Disorders Update*** – Dr. J. Livesley, Dr. M. Rosenbluth, Dr. P. Fedoroff, Dept. of Psychiatry, Saskatoon, SK
- ***C.A.F.A.S.*** Debra Haye, Mental Health & Addictions, Saskatoon, SK
- ***Attachment*** - Dr. Diane Benoit, M.D., FRCPC, Ministry of Children & Family Development, Courtenay, BC
- ***Fetal Alcohol Spectrum Disorder / Post Traumatic Stress Disorder***
Dr. Robin Ladue, Harley Wylie, BC Aboriginal Network On Disability Society, Victoria, BC
- ***Integrated Treatment Model & System of Care for People with Co-occurring Psychiatric and Substance Disorders***
Dr. Kenneth Minkoff, Victoria, BC
- ***Habits of the Mind*** – Dr. Art Costa, Salt Spring Island, BC
- ***Dealing with Fetal Alcohol Syndrome and Alcohol Related Neurological Development Disorders*** – University of Victoria, Victoria, BC
- ***Mental Health Education and Training for Alcohol & Drug Counsellors*** – Louise Hill, Victoria BC

EMPLOYMENT EXPERIENCE

- 2017 – 2018 **DIRECTOR OF ADULT AND YOUTH SERVICES**
Victoria Native Friendship Centre, Victoria, B.C.
- 2014 – 2017 **SACRED PULSE SANCTUARY AND GIFTS**
Co-owner, Quadra Island, BC.
- 2011 – 2014 **FAMILY VIOLENCE PROJECT COORDINATOR**
Victoria Native Friendship Centre, Victoria, BC
- 2009 – 2011 **COMMUNITY WELLNESS COORDINATOR / ADDICTIONS COUNSELLOR**
Songhees First Nation, Victoria, BC

2006 – 2009 **ADDICTIONS COUNSELLOR / COMMUNITY CASE MANAGER**
Mental Health & Addiction Services, Saskatoon Health Region, Saskatoon

2006 **ADDICTIONS COUNSELLOR, CASUAL**
Calder Rehabilitation Center – Saskatoon Health Region, Saskatoon, SK

2006 **HUMAN RESOURCE & CASE MANAGER**
Advantage Employment Youth Co-op, Saskatoon, SK

2005 – 2006 **YOUTH & FAMILY COUNSELLOR**
Salt Spring Island Community Services, Salt Spring Island, BC

2005 - 2006 **YOUTH LEADERSHIP COORDINATOR**
Connections Youth Resource Centre, Courtenay, BC

1999 – 2005 **YOUTH ALCOHOL & DRUG OUTREACH COUNSELLOR**
Salt Spring Island Community Services, Salt Spring Island, BC

2002 – 2003 **YOUTH & FAMILY COUNSELLOR**
Salt Spring Island Community Services, Salt Spring Island, BC

1999 – 2000 **RESIDENTIAL CARE GIVER, CASUAL**
Salt Spring Island Community Services, Salt Spring Island, BC

1998 – 1999 **RESIDENTIAL CARE GIVER, CASUAL**
Salt Spring Island Community Services, Salt Spring Island, BC

1997 – 1998 **CUSTOMER SERVICE REPRESENTATIVE**
Salt Spring Roasting Company, Salt Spring Island, BC

1996 – 1997 **CAREER EXPLORATIONS INSTRUCTOR**
Parkland Regional College, Yorkton, SK

1995 – 1996 **ADDICTIONS COUNSELLOR**
Whitespruce Youth Treatment Centre, Yorkton, SK

1994 – 1995 **GAMBLING COUNSELLOR**
Parkland Alcohol & Drug Abuse Society, Yorkton, SK

1988 – 1994 **PROGRAM SUPERVISOR / COORDINATOR / INSTRUCTOR**
Parkland Education Employment Coordinating Committee, Yorkton, SK

1985 – 1987 **RECREATION DIRECTOR**
Carrot River & District Recreation Board, Carrot River, SK

1983 – 1984 **CHILD CARE WORKER – LEVEL I & LEVEL IV**
Qu'Appelle Indian Residential School, Lebret, SK

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Visit: bodhithompsongardner.com

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